# Casey Barclay

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#### **OBJECTIVE**

Seeking a K-12 physical education teaching position. Interested in opportunities to sponsor extracurricular activities and organizations.

## **EDUCATION**

Northern Arizona University, Flagstaff, AZ B.S. Parks & Recreation Management May 2010

GPA 3.9/4.0 Dean's List Honors

Northeastern Illinois University, Chicago, IL Teaching Certificate K-12 Physical Education May 2013

GPA 3.9/4.0

## **CERTIFICATION**

• Illinois Type 10, K-12 Physical Education

• State Of Illinois Substitute Teaching Certificate- 90 Day

• AMGA Climbing Wall Instructor Certificate

• IHSA ASEP Coaching & First Aid

• Personal Fitness Trainer, National Federation of Professional Trainers

American Red Cross CPR/AED & Lifeguard

## PROFESSIONAL PREPARATION

Student Teaching Spring 2013

Springwood Middle School, Hanover Park, IL

• Teach grades 6-8th.

• Lessons include: Adventure Education, Fitness Concepts, Net & Invasion Games, and Fitnessgram Testing.

• Align daily lessons to state and national standards, including assessment designed to meet specific objectives.

• Integrate Exergaming and Xbox Kinect software into Fitness Center activity circuits.

• Use Polar heart rate monitors and software to record student activity levels and target heart rate zones during activity.

• Use assessment strategies such as rubrics and self-checks to monitor student progress and improvement.

# **EMPLOYMENT & VOLUNTEERISM**

Aquatics Manager, Medinah Country Club, Medinah, IL	2002-Present
Swim Coach, Medinah Country Club, Medinah, IL	2012
USA/ABS Rock Climbing Instructor, Vertical Endeavors Climbing Gym, Warrenville, IL	2011-2012
Fitness Supervisor/Aqua & Sport Instructor, Itasca Fitness Center, Itasca, IL	2006-2010
Girl's Junior High School Basketball Coach (Volunteer), St. Walter School, Roselle, IL	2006-2010
Climbing & Rappelling Badge Program Consultant (Volunteer), Girl Scouts of Northern Illinois	2012

# ADDITIONAL SKILLS AND EXPERIENCE

## **Organization**

- Coordinated and hosted the 2011 West Suburban Country Club Swim Conference at Medinah Country Club.
- Manage staff of lifeguards and coaches including hiring, training, and formal evaluations.
- Design and implement curriculum for group swim lesson and swim team programs.
- Assist in development of Girl Scout program designed to meet the specific outcomes of scout leadership in a rock climbing setting. <u>Leadership</u>
- Created a Teen Weight Training program emphasizing goal setting and personal achievement plans.
- Conducted basic climbing and risk management clinics to climbers of all abilities.
- Facilitated cooperative and team building initiatives to corporate and youth group organizations.

## **Technology**

- Utilize GoPro camera and Coache's Eye application to perform swim stroke analysis.
- Fitness Tools: Polar heart rate monitor, Polar Software, Pedometers, Fitnessgram Software
- Microsoft Office: Excel, Word, Powerpoint, Outlook
- Apple iWork: Pages, Keynote, Numbers

#### PROFESSIONAL AFFILIATIONS & INVOLVEMENT

American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Illinois Association for Health, Physical Education, Recreation and Dance (IAHPERD)

National Association for Sport and Physical Education (NAPSE)

NEIU Team Presenter, IAHPHERD 2012

<sup>&</sup>quot;Innovative Games For Middle School/High School And Integrating Assessment And Technology"